

# Allergen Information

Date updated: 19 / 01 / 24

This table contains the food and drink items we sell that contain allergens; a tick in the box indicates the allergen(s) present.

| Food or Drink Item            | Allergens <input checked="" type="checkbox"/> Contains Allergens                |                                     |                          |                          |                                     |                                     |                                     |                          |                          |                          |  |                            |                          |                                     |                          |
|-------------------------------|---|-------------------------------------|--------------------------|--------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|--|----------------------------|--------------------------|-------------------------------------|--------------------------|
|                               | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State) | Soya                                | Lupin                    | Celery                   | Milk                                | Egg                                 | Sulphites                           | Mustard                  | Sesame                   | Peanuts                  | (Please State)<br>walnuts,<br>brazil nuts, | Nuts<br>e.g.<br>hazelnuts, | Crustaceans              | Fish                                | Molluscs                 |
| Full english                  | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Vegetarian english            | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Vegan english                 | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Toast & preserves             | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Blueberry & yoghurt pancakes  | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Bacon & maple pancakes        | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Smoked salmon & scrambled egg | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Sandwiches                    | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Egg benedict                  | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Avocado benedict              | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Eggs royal                    | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Eggs on toast                 | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |
| Raspberry & coconut smoothie  | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> |



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|-------------------------|---|-------------------------------------|--------------------------|--------------------------|-------------------------------------|-------------------------------------|-------------------------------------|--------------------------|--------------------------|--------------------------|--|----------------------------|--------------------------|--------------------------|--------------------------|
|                         | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State) | Soya                                | Lupin                    | Celery                   | Milk                                | Egg                                 | Sulphites                           | Mustard                  | Sesame                   | Peanuts                  | (Please State)<br>walnuts,<br>brazil nuts, | Nuts<br>e.g.<br>hazelnuts, | Crustaceans              | Fish                     | Molluscs                 |
| Cooked breakfast        | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Beans on toast          | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Scrambled eggs on toast | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Eggy bread              | <input checked="" type="checkbox"/> Gluten                                      | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Granola                 | <input checked="" type="checkbox"/> Gluten                                      | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/>            | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> Nuts   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|                         | <input type="checkbox"/>  | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/>            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/>                   |                            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

